

# Bar Drinks

## DAILY SPECIALS

- All Day Every Day** - \$5 pints of Starving Artist Lager
- Hooch & Booch** - Kombucha, gin (1.5 oz) **8**
- Warm** **8.50**
- Amaretto Latte (1.5 oz) - Luxardo Amaretto, Happy Goat espresso, steamed milk
  - Spiked Chai (1.5 oz) - Sailor Jerry's Spiced Rum, house chai concentrate, steamed milk
  - Bourbon Hot Chocolate (1 oz) - Knobb Creek Bourbon, 1883 chocolate sauce, steamed milk

## WINE

- Laurent Miquel Red or White**
- Glass (5 oz) **7.50**
  - Bottle **35**

## BEER

- Draught, 16 oz**
- Starving Artist Lager, 5% **5**
  - Camerons - Rotating tap **7.50**
- Tall Boys, 473 mL** **7.50**
- Rotating selection
- Cider, 473 mL** **8.25**
- Rotating Ontario Craft Ciders
- Limited Seasonals** *Pricing varies*
- Ask us what we have in house today!*





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EVENTS**



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# FOOD

## Soups and Salads 6.50

- Rotating Seasonal Soup or Salad - See Daily Specials Menu.
- Quinoa and black bean salad with cucumber, tomato, bell pepper, red onion and an avocado dressing.  

## Hot Bowl 11

Rotating in-house curry or chilli, served on rice with feature toppings. See Daily Specials Menu.  

## Breakfast Wrap 7


Scrambled eggs, seasoned fried potatoes, in-house salsa, and cheddar cheese pressed on the grill. Add either bacon or guacamole for 1.50.

## Sandwiches 12

Served with your choice of a side salad, or nachos and in-house salsa.

- **Chicken Avocado Melt:** Seasoned chicken breast with guacamole, cheddar cheese, tomato, onion and cilantro.

- **Italian Fusion:** A blend of hot and mild genoa salami with marinated eggplant, tomato, lettuce and pesto mayo.

- **TLT:** Smoked maple tempeh 'bacon', lettuce, tomato, and vegan mayo. 

## Fancy Grilled Cheese 7


Old cheddar or brie with sliced apples and red onion on light rye bread.

## Everything Bagel 3.25

Add cream cheese, tomato or cucumber 0.75

Add avocado, egg or bacon 1.50

## Pretzel 4.40

Served with mustard. 

# PASTRIES

Brownie  2.75 Cookie 3

Spelt Muffin  3.25 Daily Pastries As marked

# HOT DRINKS

Brewed coffee 2.50

Espresso - double 2.60

Tea - cup/pot 2.50/4.85

- Tea list below

Americano 3.25

Hot Chocolate 4

Macchiato 4

Cortado 4

Flat White 4.40

Cappuccino 4.40

Latte 4.40

Mocha 4.40

Tea Latte 4.40

- Chai, Matcha, London Fog

Golden Milk (turmeric) 4.40

## Tea List

**Herbal** - Organic Peppermint, Egyptian Chamomile, Lemongrass, Hibiscus, Dreamcatcher, Peach Rooibos, Ginger Lime, Vanilla Bourbon Rooibos

**Green** - Bancha Green, Jasmine Green, Oolong Iron Goddess, Lemon Green, Toasted Walnut

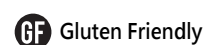
**Black** - Lychee Congu, Lapsang Zhivago, Earl Grey, Assam

# COLD DRINKS

	12 oz	20 oz
Iced Coffee	2.75	3.80
Iced Latte	4.95	5.25
Iced Tea	2.75	3.80

Kombucha (16 oz) 5.50

Kombucha Bubble Tea (20 oz) 6.60



Prices do not include applicable taxes